



UNIVERSITY  
OF WARSAW

# HealthOmix: Advanced Multiomics and Integrative Technologies for personal and precision medicine

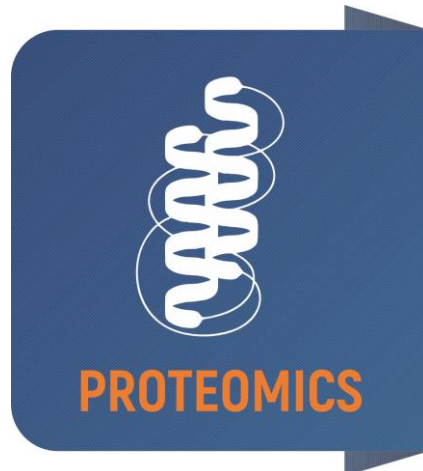
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Biological and Chemical Research Centre  
University of Warsaw  
Prof. dr hab. Ewa Bulska



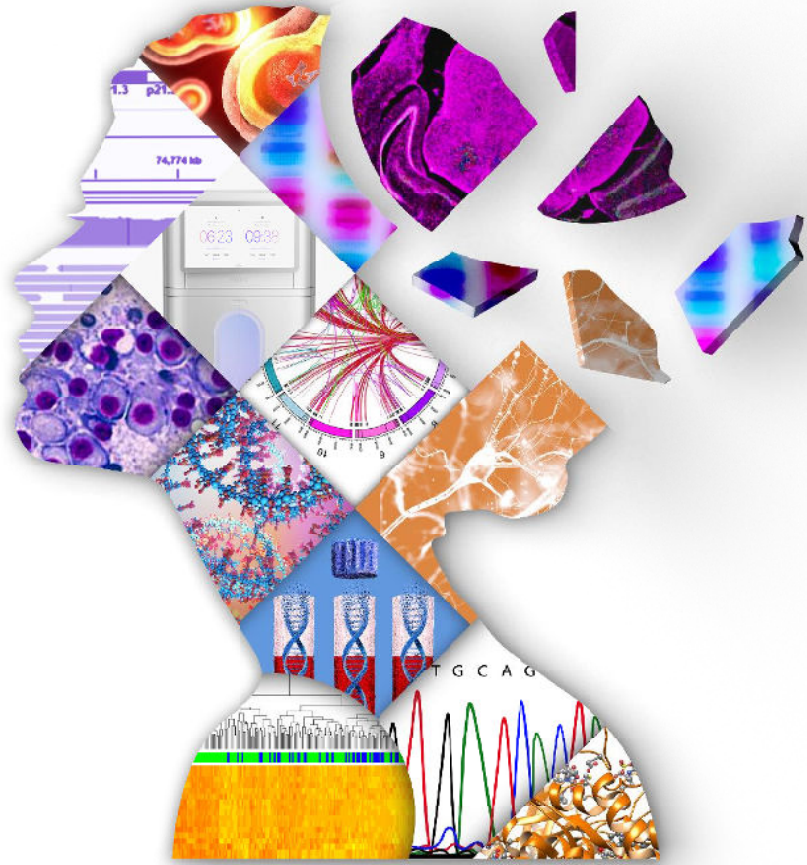
# HealthOmix:

Understand biological context - Combine omics datasets



# HealthOmix:

## Understand biological context - Combine omics datasets



### OMICS SCIENCES

- ❑ The utilization of multiple omics technologies to study life in an integrated manner, aiming to identify coherent relationships or geno-pheno-environmental associations.
- ❑ A biological analysis approach in which datasets span multiple domains, such as the genome, transcriptome, proteome, and metabolome.

A comprehensive understanding of human health and disease requires the interpretation of molecular complexity and variability across multiple levels, including the genome, transcriptome, proteome, and metabolome.

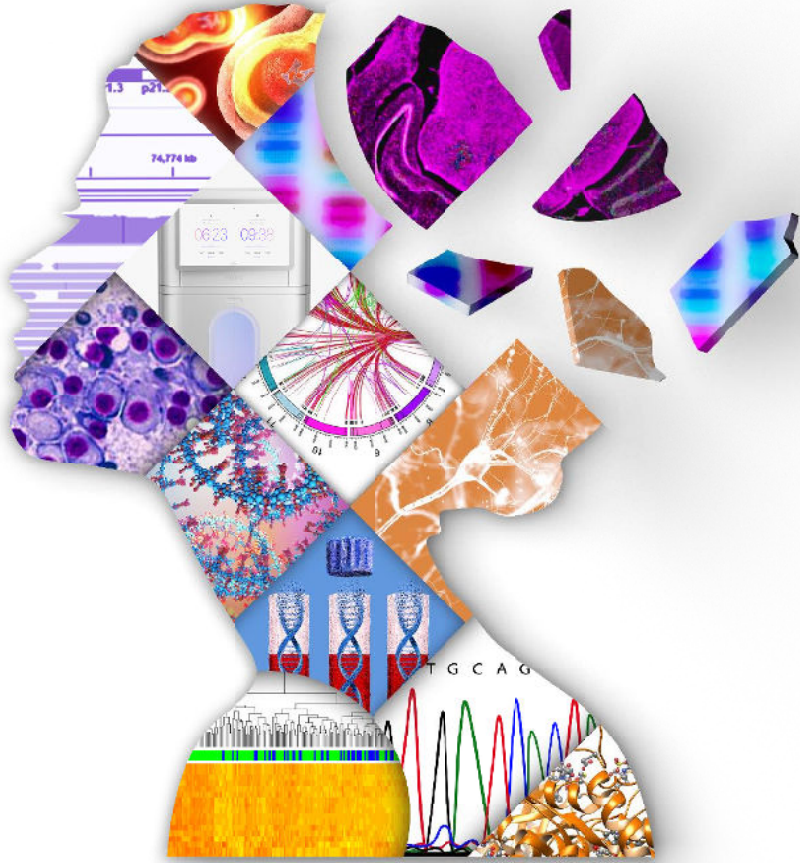
Multiomics: a holistic view of human health

# HealthOmix:

## Understand biological context - Combine omics datasets

### Main research areas in omics studies:

- Understanding host-pathogen interaction.
- Gaining deeper insights into the molecular basis of infectious diseases and the causes of cancer.
- Investigating the underlying mechanisms of chronic and complex non-communicable diseases.
- Identifying novel biomarkers for disease diagnosis and treatment.
- Advancing personalized medicine.



Multiomics: a holistic view of human health

# HealthOmix:

## Understand biological context - Combine omics datasets



Multiomics: a holistic view of human health

### GENOMICS

A scientific discipline focused on the study of genes, including their structure, function, and interrelationships within the genome.

### TRANSCRIPTOMICS

### PROTEOMICS

A scientific discipline dedicated to the study of proteins, including their structure, function, and interactions within biological systems.

### METABOLOMICS

A scientific discipline focused on the study of metabolites, including their structure, function, and interactions within metabolic pathways.

### GLYCOMICS

### LIPIDOMICS

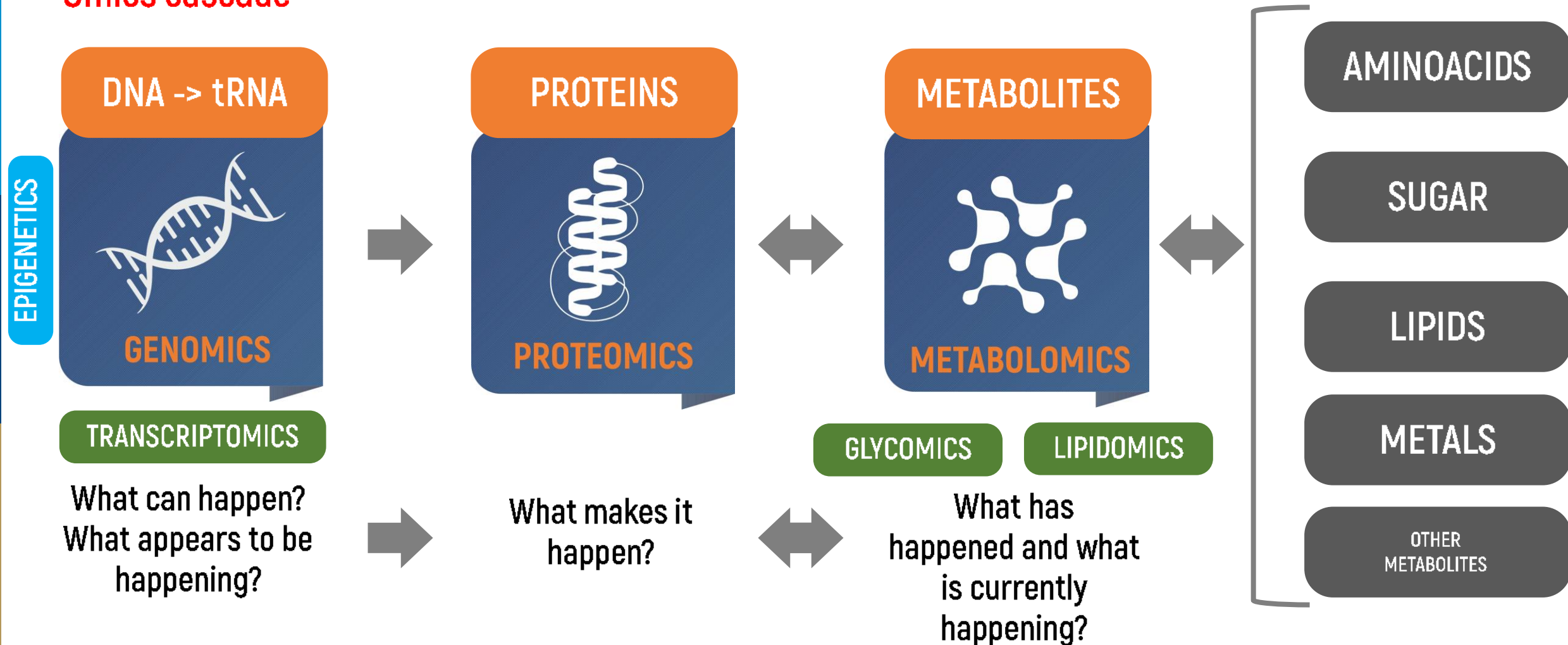
### METALLOMICS

A scientific discipline focused on the study of metals, including their structure, biological functions, and interactions within living systems.

# HealthOmix:

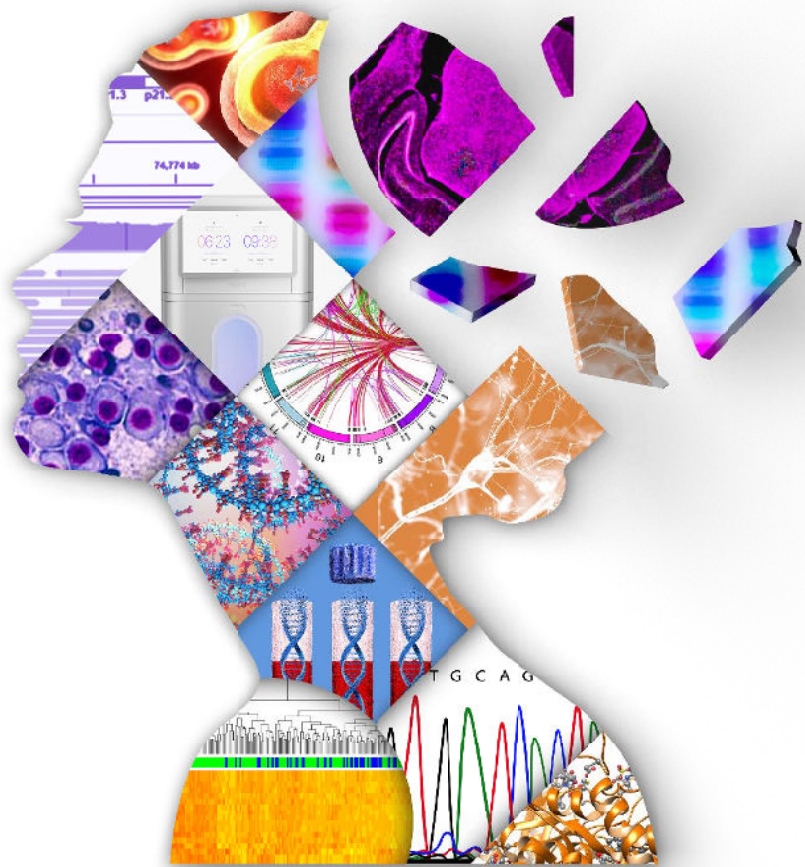
## Understand biological context - Combine omics datasets

### Omics cascade



# HealthOmix:

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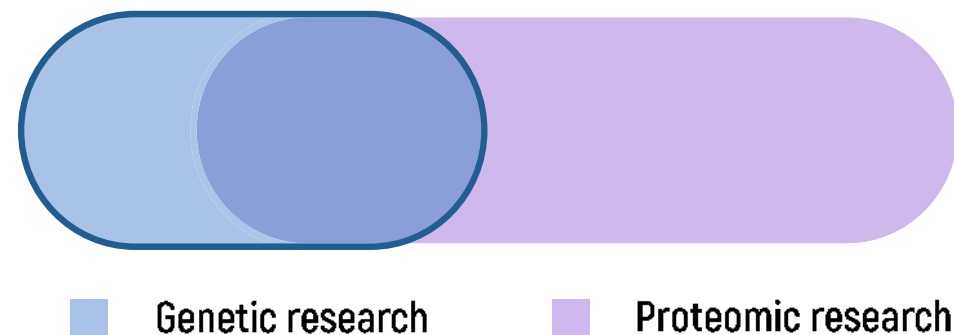


Multomics: a holistic view of human health

## Genomics + Proteomics

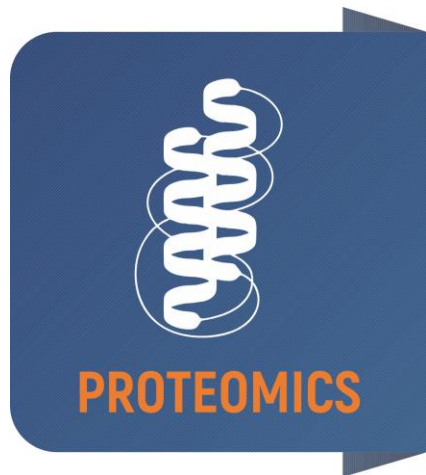
**63%** of researchers focusing on genetic studies also use proteomic methods.

**38%** of researchers focusing on proteomic studies also use genetic methods.

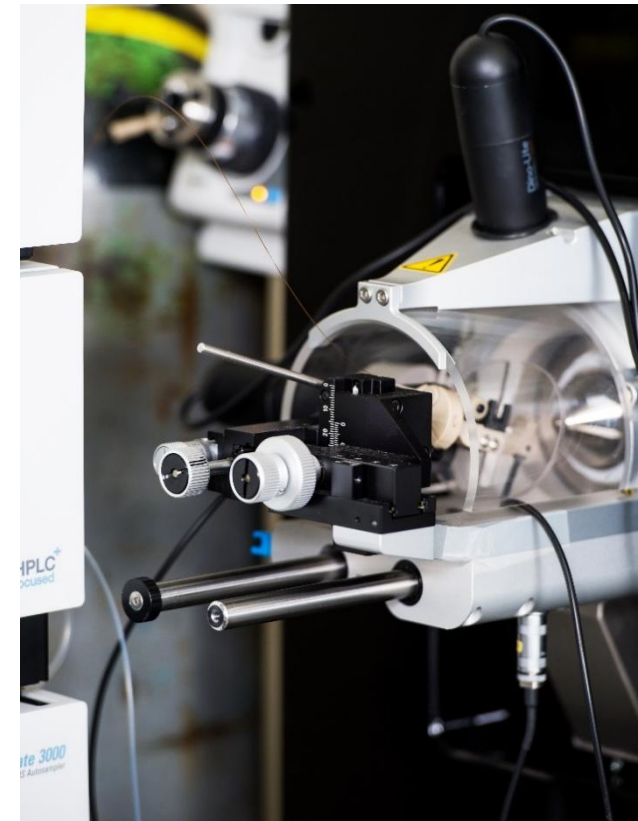


# HealthOmix:

## Understand biological context - Combine omics datasets



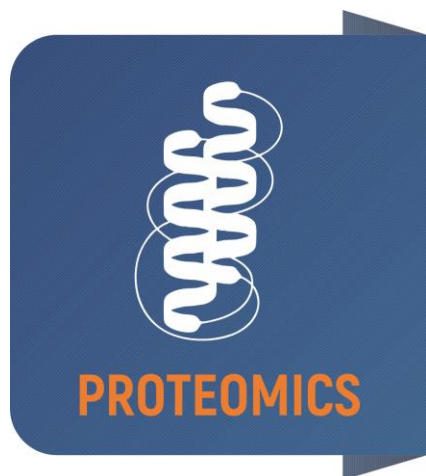
- ❑ Identification and quantitative analysis of proteins
- ❑ Identification of post-translational modifications
- ❑ Changes in protein expression under the influence of external factors (e.g., drugs, diseases, diets)
- ❑ Identification of new protein biomarkers
- ❑ Proteomic studies of drug mechanisms and toxicity
- ❑ Proteomic studies of disease mechanisms
- ❑ Bioinformatics analysis of proteomic data and the biological significance of the results
- ❑ Complementary analyses for other "omics" studies



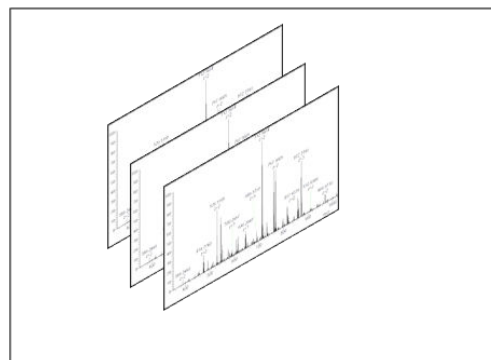


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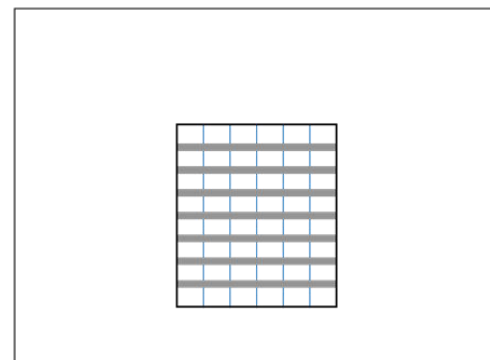
## Understand biological context - Combine omics datasets



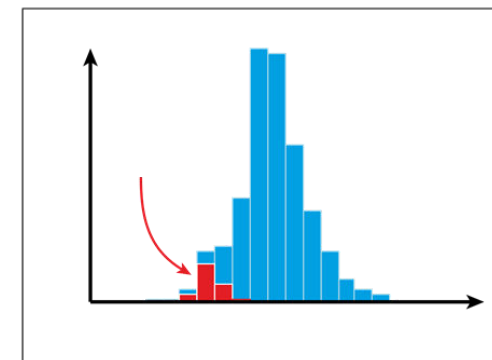
### (A) Mass spectrometry data preparation



MS signal registration

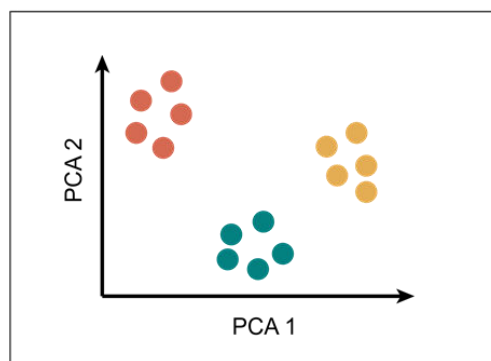


MS data introduction

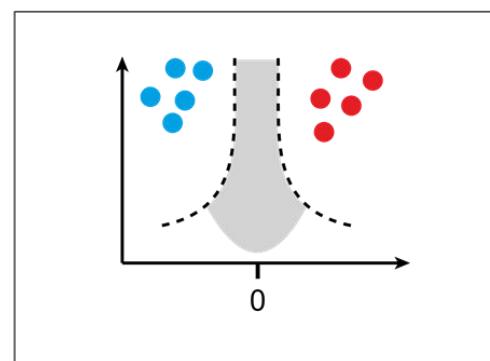


Preliminary data processing

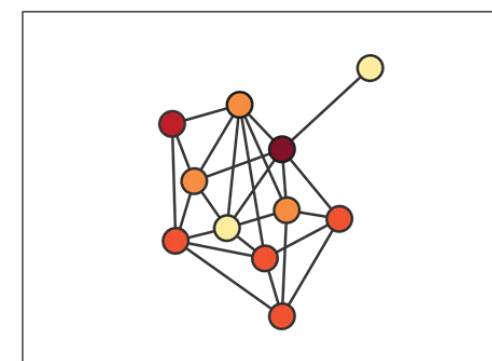
### (B) Statistical analysis and biological interpretation of results



Statistical analysis



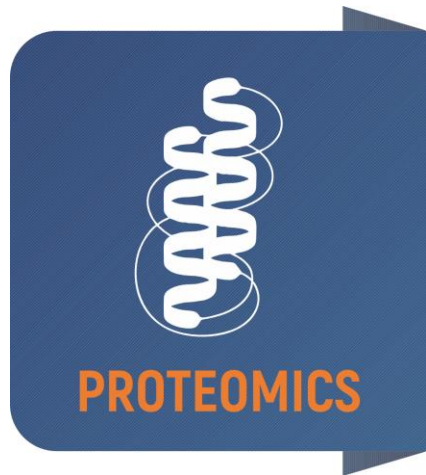
Differential analysis



Assigning biological significance

Protein identification  
Bioinformatics analysis

## Understand biological context - Combine omics datasets



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**ANIMAL STUDY**


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DOI: 10.12659/MSM.937338

### Label-Free Mass Spectrometry-Based Quantitative Proteomics to Evaluate the Effects of the Calcium-Sensing Receptor Agonist Cinacalcet on Protein Expression in Rat Brains and Livers


Authors' Contributions:  
Study Design: A  
Data Collection: B  
Statistical Analysis: C  
Data Interpretation: D  
Manuscript Preparation: E  
Literature Search: F  
Funds Collection: G


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




2 Department of Clinical Nursing, Medical University of Warsaw, Warsaw, Poland

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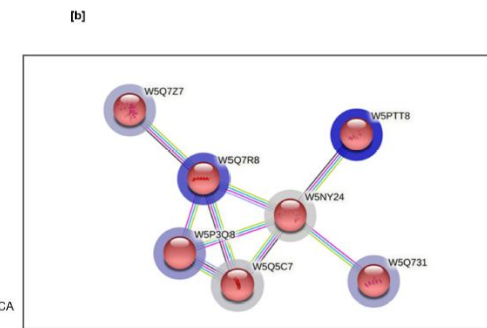
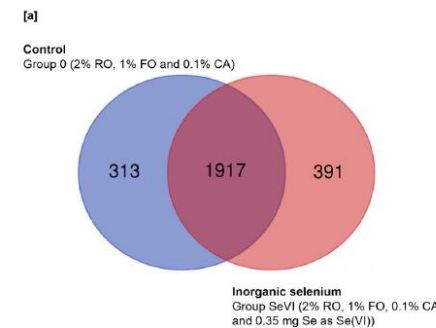
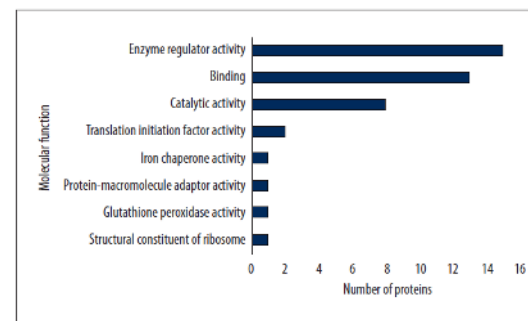
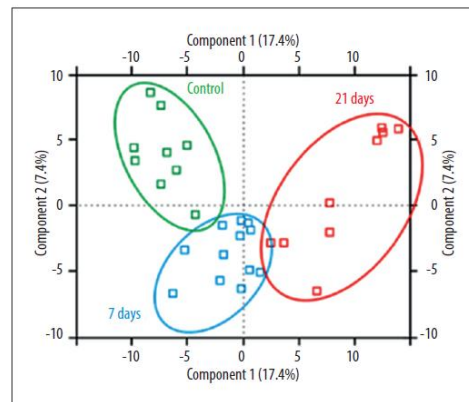
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### Label-Free Mass Spectrometry-Based Proteomic Analysis in Lamb Tissues after Fish Oil, Carnosic Acid, and Inorganic Selenium Supplementation

Andrzej Gawor , Anna Ruszczyńska , Anna Konopka , Grzegorz Wryk , Marian Czauderna  and Ewa Bulska \*

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- \* Correspondence: ebulska@chem.uw.edu.pl

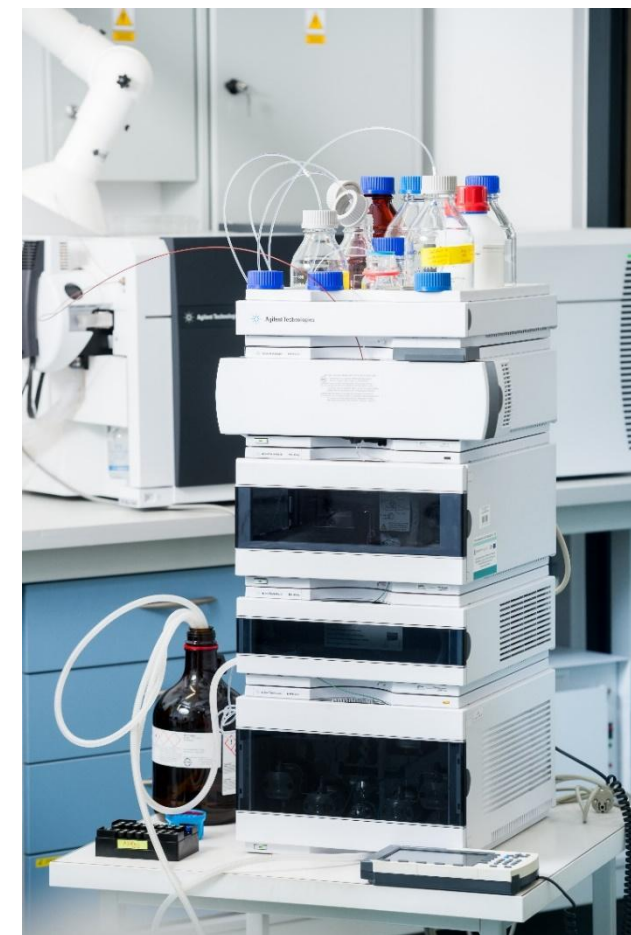


# HealthOmix:

## Understand biological context - Combine omics datasets




- ❑ Identification and quantitative analysis of metabolites (including vitamins, amino acids, carbohydrates, lipids) – targeted and untargeted analyses
- ❑ Identification of new metabolomic biomarkers
- ❑ Metabolomic studies of drug mechanisms and toxicity
- ❑ Metabolomic studies of disease mechanisms
- ❑ Bioinformatics analysis of obtained results



## Understand biological context - Combine omics datasets




Talanta 202 (2019) 572–579



Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

### Talanta

journal homepage: [www.elsevier.com/locate/talanta](http://www.elsevier.com/locate/talanta)



### Urinary metabolomic signature of muscle-invasive bladder cancer: A multiplatform approach

Julia Jacyna<sup>a</sup>, Renata Wawrzyniak<sup>a</sup>, Stéphane Balayssac<sup>b</sup>, Véronique Gilard<sup>b</sup>,  
Myriam Malet-Martino<sup>b</sup>, Aleksandra Sawicka<sup>a</sup>, Marta Kordalewska<sup>a</sup>, Łukasz Nowicki<sup>c</sup>,  
Eliza Kurek<sup>d</sup>, Ewa Bulska<sup>d</sup>, Małgorzata Patejko<sup>a</sup>, Marcin Markuszewski<sup>e</sup>, Piotr Gutknecht<sup>f</sup>,  
Marcin Matuszewski<sup>e</sup>, Janusz Siebert<sup>f</sup>, Roman Kaliszczak<sup>a</sup>, Michał J. Markuszewski<sup>a,\*</sup>

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Information on metabolites significantly differentiating urinary profiles from BCa patients and healthy volunteers.

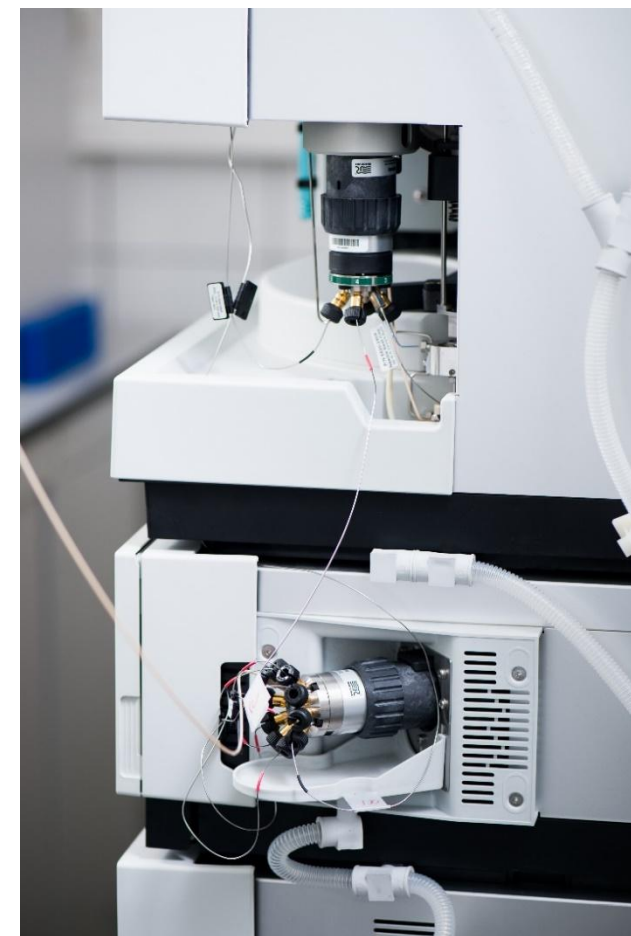
Metabolite	Analytical technique	p-value	VIP value	Regulation (cancer vs control)
S-adenosylmethionine	HILIC LC-MS+	$2.9 \times 10^{-6}$	1.4	↓
Benzenediol (catechol)	GC-MS	$9.2 \times 10^{-3}$	1.7	↓
2-deoxy-ribonic acid	GC-MS	$1.5 \times 10^{-5}$	1.1	↓
Diacetylspermine	HILIC LC-MS+	$1.4 \times 10^{-2}$	1.6	↑
meso-Erythritol	GC-MS	$9.2 \times 10^{-3}$	1.8	↑
Glutamine	RP LC-MS-	$4.4 \times 10^{-7}$	1.1	↑
Glycolic acid	NMR	$5.0 \times 10^{-5}$	2.2	↓
Hippuric acid	NMR	$8.3 \times 10^{-6}$	2.5	↓
	HILIC LC-MS-	$1.1 \times 10^{-3}$	2.1	
	HILIC LC-MS+	$5.5 \times 10^{-4}$	1.1	
	RP LC-MS+	$5.7 \times 10^{-1}$	1.1	
Lactic acid	NMR	$7.0 \times 10^{-6}$	2.7	↑
	GC-MS	$2.1 \times 10^{-6}$	2.3	
Pentanedioic acid (glutaric acid)	GC-MS	$5.3 \times 10^{-3}$	1.7	↑
Phenylacetylglutamine	RP LC-MS-	$6.4 \times 10^{-7}$	1.0	↑
Pipecolic acid	HILIC LC-MS+	$10^{-6}$	1.3	↓
Propanoic acid	GC-MS	$3.9 \times 10^{-4}$	1.9	↑
Threonic acid	GC-MS	$2.1 \times 10^{-4}$	2.3	↑
Tyrosine	HILIC LC-MS-	$4.4 \times 10^{-2}$	1.5	↑
Uric acid	RP LC-MS-	$3.3 \times 10^{-10}$	1.3	↑
	RP LC-MS+	$9.5 \times 10^{-1}$	1.1	
Uridine	RP LC-MS-	$2.6 \times 10^{-7}$	1.4	↑

# HealthOmix:

## Understand biological context - Combine omics datasets



- Elemental signatures
- Studies on the biotransformation of selected elements
- Studies on the distribution of selected elements in biological tissues
- Studies on the binding potential of selected metals to proteins



## Understand biological context - Combine omics datasets



Article

### Laser Ablation ICP-MS Analysis of Chemically Different Regions of Rat Prostate Gland with Implanted Cancer Cells

Anna Ruszczyńska<sup>1</sup>, Dorota Skrajnowska<sup>2</sup>, Agata Jagielska<sup>1,\*</sup>, Barbara Bobrowska-Korczak<sup>2</sup> and Barbara Wagner<sup>1</sup>

<sup>1</sup> Biological and Chemical Research Centre, Faculty of Chemistry, University of Warsaw, Żwirki i Wigury 101, 02-089 Warsaw, Poland; aruszcz@chem.uw.edu.pl (A.R.); barbog@chem.uw.edu.pl (B.W.)

<sup>2</sup> Department of Bromatology, Faculty of Pharmacy with the Laboratory Medicine Division, Medical University of Warsaw, Banacha 1, 02-097 Warsaw, Poland; dskrajnowska@wum.edu.pl (D.S.); barbara.bobrowska@wum.edu.pl (B.B.-K.)

\* Correspondence: ajagielska@chem.uw.edu.pl

Article

### Investigation of the Impact of L-Phenylalanine and L-Tyrosine Pre-Treatment on the Uptake of 4-Borono-L-Phenylalanine in Cancerous and Normal Cells Using an Analytical Approach Based on SC-ICP-MS

Emilia Balcer<sup>1,2</sup>, Joanna Giebułtowicz<sup>2,\*</sup>, Małgorzata Sochacka<sup>2</sup>, Anna Ruszczyńska<sup>3</sup>, Magdalena Muszyńska<sup>3,4</sup> and Ewa Bulska<sup>3</sup>

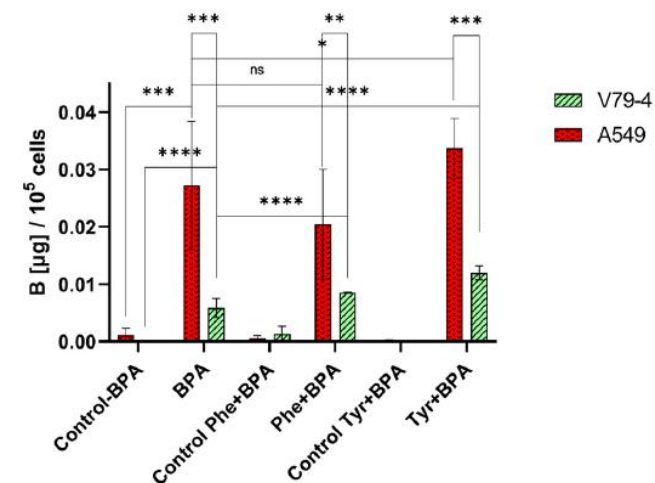
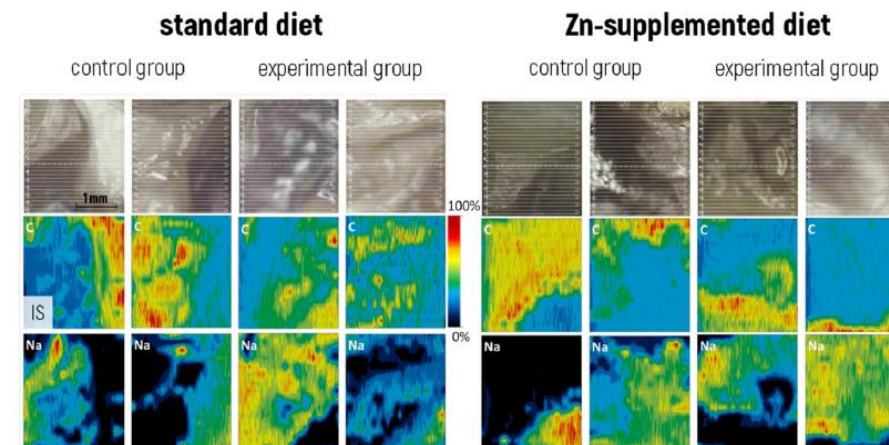
<sup>1</sup> Radiochemistry Team, Reactor Research Division, Nuclear Facilities Operations Department, National Centre for Nuclear Research, Sołtana 7, Świerk, 05-400 Otwock, Poland; emilia.balcer@ncbj.gov.pl

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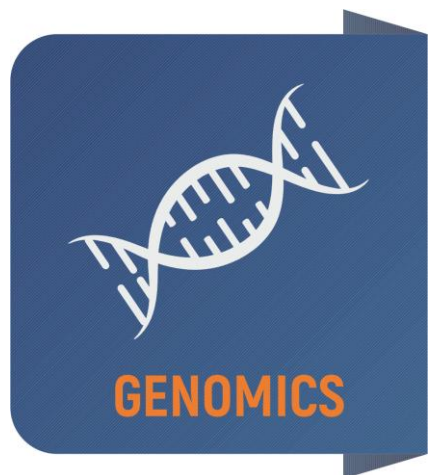
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# HealthOmix:

## Understand biological context - Combine omics datasets



Genomics Core Facility



Centre of New Technologies UW  
S. Banacha 2c  
02-097 Warszawa



# HealthOmix:

## Understand biological context - Combine omics datasets

### Quality of Research

The laboratory conducting the HealthOmix project is accredited by the Polish Centre for Accreditation (PCA) since 2014, ensuring adherence to the highest quality standards.



AB 1525

It operates in compliance with ISO/IEC 17025:2017 for testing laboratories and ISO 15189:2022 for medical laboratories, guaranteeing competence and precision in all research activities.



The University of Warsaw's medical laboratory is registered with the National Chamber of Laboratory Diagnosticians, with registry number 4085, further affirming its commitment to professional and regulatory excellence.





University of Warsaw:  
**Biological and Chemical Research Centre**  
**Analytical Chemistry Expert Centre**

<https://cnbch.uw.edu.pl/en/analytical-chemistry-expert-centre/>

**Team Head: prof. dr hab. Ewa Bulska**

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